**Brookwood / Westby Scrimmage** @ Norwalk Park 8/24 9:00 AM

2.08 mile out and back time trial

Note: I believe these are pretty accurate times (especially for Brookwood runners), but there is an obvious margin of error due to larger than expected runners finishing at once.

Athlete Time HR 4K estimate

Becca Maxwell 14:59 172 17:19

Kelsey Daines 14:59 184 17:19

Briana Nelson 15:18

Taylor Schmitz 15:29

Dani Knight 16:05 160 19:40

Morgan Berendes 16:20

Keelie Suhr 16:36

Jade Frydenlund 16:50 180 20:37

Ty Kaiser 17:05

Miriam Schmidt 17:08 192 21:00

Jenna Frydenlund 18:15 196 22:23

Riley See 18:15 160 22:23

Jordyn Dwyer 20:57 200 25:46

 (5K estimate)

Austin Pasch 12:00 182 18:00

Walker Rynes 12:00

Billy Nusse 12:04

Luke Schwartz 12:04

Spencer Oftedahl 12:17 180 18:26

Corbin ? 12:30 Westosha Central runner

Lucas Knight 12:33 178 18:48

Devan Summerfield 12:34

Jared Johnson 12:35

Noah Shea 12:40 190 19:00

Dylan Smith 12:49

Cory Ottum 12:50

Audun Saterbak 12:50 172 19:15

Tanner Gibbons 12:54 172 19:25

Dylan Widner 13:12 188 19:36

Lucas Begeman 13:22 152 19:41

Kyle Hansen 13:22 188 19:41

Cody King 13:26 170 20:09

Zane Peterson 13:26

Lucas Grabowski 13:54 140 20:42

Logan Peterson 14:04

Colton Evans 14:19

Malachi Schmitz 14:37

Riley Cade 16:27 120 24:41