

Ken Trott Invitational
Westby High School
Westby, Wisconsin
August 29, 2023

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' 4000 Meter Run ****

Place	TmPl	Bib#	Name	Gr	Team	Time	Pace
1	1	9374	Addy Duellman	10	Cochrane-Fountain City	16:33.1	6:40
2		9399	Courtney Stadter	12	Mondovi	16:48.4	6:46
3	2	9332	Anna Fronk	11	Bangor	16:56.5	6:49
4	3	9418	Mia Olson	11	West Salem	17:31.3	7:03
5	4	9435	Elizabeth Curtis	10	Westby	17:34.9	7:05
6	5	9411	Kennedy Garbers	11	West Salem	18:32.9	7:28
7	6	9410	Elise Flock	9	West Salem	18:34.4	7:29
8	7	9335	Jaycee Michek	9	Bangor	18:43.6	7:33
9	8	9308	Alexa Myre	10	Aquinas	18:45.3	7:33
10	9	9301	Emily Bagniefski	9	Aquinas	18:46.1	7:34
11	10	9440	Natalie Miller	11	Westby	18:49.0	7:35
12	11	9361	Amelia Muellenberg	12	Brookwood	19:01.5	7:40
13	12	9360	Ruby Muehlenkamp	10	Brookwood	19:03.6	7:41
14	13	9304	Bethany Hale	10	Aquinas	19:10.4	7:43
15	14	9334	Bliss Knox	11	Bangor	19:17.3	7:46
16	15	9417	Faith Minard	11	West Salem	19:37.5	7:54
17	16	9357	Miranda Arndt	9	Brookwood	19:44.8	7:57
18	17	9376	Ana Knecht	11	Cochrane-Fountain City	20:06.6	8:06
19	18	9416	Victoria Lysne	11	West Salem	20:06.6	8:06
20	19	9309	Helen Onyeabor	9	Aquinas	20:12.8	8:08
21	20	9305	Hope Hawker	9	Aquinas	20:15.2	8:09
22	21	9329	Kiera Cavadini	9	Bangor	20:20.8	8:12
23	22	9409	Maria Cannon	12	West Salem	20:22.5	8:12
24	23	9419	Ava Schuster	9	West Salem	20:25.2	8:13
25	24	9436	Addison Evenstad	9	Westby	20:26.3	8:14
26	25	9364	Brynn Thurston	10	Brookwood	20:28.9	8:15
27	26	9378	Bailey Pronschinske	10	Cochrane-Fountain City	20:33.4	8:17
28	27	9375	Ashlyn Earney	9	Cochrane-Fountain City	20:38.8	8:19
29	28	9383	Tori Justmann	9	Marshall	20:46.4	8:22
30	29	9363	Maggie Stenerson	9	Brookwood	20:54.3	8:25
31	30	9366	Alice Wiedmeyer	11	Brookwood	20:55.0	8:25
32	31	9380	Emma Hellenbrand	11	Marshall	21:01.6	8:28
33	32	9307	Tenny Makepeace	11	Aquinas	21:14.2	8:33
34	33	9438	Mckenna Jothan	9	Westby	21:21.2	8:36
35	34	9331	Marissa Eckland	11	Bangor	21:21.6	8:36
36	35	9359	Alexis Lacy	12	Brookwood	21:40.3	8:44
37	36	9373	Alyvia Arneson	11	Cochrane-Fountain City	21:57.7	8:51
38	37	9385	Kylie Rateike	9	Marshall	22:07.5	8:55
39		9414	Anna Knudson	9	West Salem	22:08.7	8:55
40		9408	Elyse Bee	12	West Salem	22:13.1	8:57
41		9398	Amber Lund	11	Mondovi	22:14.6	8:57
42		9413	Emma Harman	11	West Salem	22:21.3	9:00
43		9365	Deanna Wallace	11	Brookwood	22:33.8	9:05
44	38	9434	Grace Bailey	11	Westby	22:34.4	9:05
45	39	9387	Madalyn Weyh	10	Marshall	22:48.1	9:11
46	40	9437	Molly Hamilton	9	Westby	22:50.1	9:12
47	41	9315	Leah Waller	10	Aquinas	23:02.2	9:17
48		9302	Gwyneth Buck	10	Aquinas	23:06.1	9:18
49		9303	Rachel Gagermeier	11	Aquinas	23:13.9	9:21
50	42	9333	Grace Giraud	9	Bangor	23:29.1	9:27
51	43	9330	Caitlyn Crenshaw	10	Bangor	23:43.2	9:33
52	44	9382	Nora Jiannacopoulos	9	Marshall	23:51.0	9:36
53		9358	Faith Bakken	9	Brookwood	23:51.4	9:36
54		9349	Grace Tande	9	Black River Falls	24:24.1	9:50
55		9312	Anna Sans Crainte	9	Aquinas	24:52.9	10:01
56		9310	Sophia Paulson	10	Aquinas	24:56.4	10:03
57	45	9441	Ada Tuszyski	12	Westby	25:38.3	10:19
58		9311	Adela Piggush	9	Aquinas	26:06.0	10:31
59		9439	Jade Levendoski	12	Westby	28:13.2	11:22
60		9314	Violet Thrush	10	Aquinas	28:18.8	11:24

8/29/2023 9:40PM

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Place	TmPl	Bib#	Name	Gr	Team	Time	Pace
61		9316	Kiera Wengel	10	Aquinas	30:23.5	12:14
62		9306	Emily Kamrowski	10	Aquinas	30:23.7	12:14
63		9397	Hatti Cooke	9	Mondovi	32:43.5	13:10

8/29/2023 9:40PM

Weather: Sunny, 83 F

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**** Girls' Team Score ****

1.	47	West Salem	(18:52.6	94:22.7	2:35.3)
=====					
1	3	Mia Olson	11	17:31.3	
2	5	Kennedy Garbers	11	18:32.9	
3	6	Elise Flock	9	18:34.4	
4	15	Faith Minard	11	19:37.5	
5	18	Victoria Lysne	11	20:06.6	
6	(22)	Maria Cannon	12	20:22.5	
7	(23)	Ava Schuster	9	20:25.2	
2.	69	Aquinas	(19:26.0	97:09.8	1:29.9)
=====					
1	8	Alexa Myre	10	18:45.3	
2	9	Emily Bagniefski	9	18:46.1	
3	13	Bethany Hale	10	19:10.4	
4	19	Helen Onyeabor	9	20:12.8	
5	20	Hope Hawker	9	20:15.2	
6	(32)	Tenny Makepeace	11	21:14.2	
7	(41)	Leah Waller	10	23:02.2	
3.	78	Bangor	(19:20.0	96:39.8	4:25.1)
=====					
1	2	Anna Fronk	11	16:56.5	
2	7	Jaycee Michek	9	18:43.6	
3	14	Bliss Knox	11	19:17.3	
4	21	Kiera Cavadini	9	20:20.8	
5	34	Marissa Eckland	11	21:21.6	
6	(42)	Grace Giraud	9	23:29.1	
7	(43)	Caitlyn Crenshaw	10	23:43.2	
4.	93	Brookwood	(19:50.7	99:13.1	1:52.8)
=====					
1	11	Amelia Muellenberg	12	19:01.5	
2	12	Ruby Muehlenkamp	10	19:03.6	
3	16	Miranda Arndt	9	19:44.8	
4	25	Brynn Thurston	10	20:28.9	
5	29	Maggie Stenerson	9	20:54.3	
6	(30)	Alice Wiedmeyer	11	20:55.0	
7	(35)	Alexis Lacy	12	21:40.3	
5.	107	Cochrane-Fountain City	(19:58.0	99:49.6	5:24.6)
=====					
1	1	Addy Duellman	10	16:33.1	
2	17	Ana Knecht	11	20:06.6	
3	26	Bailey Pronschinske	10	20:33.4	
4	27	Ashlyn Earney	9	20:38.8	
5	36	Alyvia Arneson	11	21:57.7	
6.	109	Westby	(20:09.2	100:45.8	4:59.5)
=====					
1	4	Elizabeth Curtis	10	17:34.9	
2	10	Natalie Miller	11	18:49.0	
3	24	Addison Evenstad	9	20:26.3	
4	33	Mckenna Jothan	9	21:21.2	
5	38	Grace Bailey	11	22:34.4	
6	(40)	Molly Hamilton	9	22:50.1	
7	(45)	Ada Tuszyski	12	25:38.3	

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**** Girls' Team Score ****

7.	179	Marshall		(22:07.0	110:34.6	3:04.6)
=====						
1	28	Tori Justmann	9	20:46.4		
2	31	Emma Hellenbrand	11	21:01.6		
3	37	Kylie Rateike	9	22:07.5		
4	39	Madalyn Weyh	10	22:48.1		
5	44	Nora Jiannacopoulos	9	23:51.0		